



FERNHURST
BOOKS



The Topper Book

Third edition

by Dave Cockerill & John Caig

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TOPPER SAILING FROM START TO FINISH

The Topper is a brilliant boat – over 50,000 have been sold and thousands of people learn the basic sailing skills in Toppers every year.

This is the only book which shows you how to rig, sail and race the Topper – right up to World Champion standard. It is packed full of advice, go-fast tips, photo sequences and diagrams. This new third edition covers all three Topper rigs (4.2, 5.3 and 6.4) and is fully up to date with details of the new rota-moulded (grey) boats as well as the traditional injection-moulded (red) boats.

It starts by describing how to rig and sail the boat before moving on to racing and providing masterclasses for success in competitions.

Written by GBR's longest-serving National Topper Coach and a former Topper National and European Champion, the book features recent Topper World and National Champions and is the bible for Topper sailing. UK Topper National Champion Jess Powell demonstrates the techniques required, as well as what not to do, in over 300 photos and has contributed to the text, making sure it is completely relevant to today's Topper sailors.

Paralympic Gold and Bronze Medallist Helena Lucas says of author Dave Cockerill: "Having had the pleasure to coach with Dave, I can't think of anyone more experienced, knowledgeable and passionate about Topper sailing. Dave has inspired generations of Topper sailors over the years and with this book will continue to do so."

Published by Fernhurst Books as part of their *Start to Finish* series, as a paperback and eBook, *The Topper Book* will be available to buy from all good bookshops, websites and direct from www.fernhurstbooks.com. The book is being launched at the RYA Dinghy & Watersports Show at 2.30pm on Saturday 24th February on the Topper International stand (L30) and will be available on the Fernhurst Books stand (M32) – next to Rooster. This will be an opportunity to meet Dave Cockerill and Jess Powell.

About the authors

Dave Cockerill held the role of RYA Topper UK Head Coach for 14 years. He was instrumental in introducing the centre mainsheet and 4.2 sail to the class. John Caig is a former Topper National & European Champion. He twice won the Fireball World Championship and has been a member of the British Olympic Sailing team.

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About Fernhurst Books

Fernhurst Books, founded in 1979, is an independent publisher of watersports books. After a period as Wiley Nautical, Fernhurst Books was re-established in 2013 and continues to publish books that instruct, inform and inspire those with a passion on, in or under the water. Its 140 titles range from how-to guides to coffee-table books and cover sailing, surfing, paddling, swimming, diving and fishing.

About *Start to Finish*

Start to Finish is a series of books about sailing different types of boats. The other books in the series are:

[*The ILCA Book*](#), by Tim Davison & Jon Emmett

[*The Catamaran Book*](#), by Tom & Brian Phipps

[*The Mirror Book*](#), by Peter Aitken & Tim Davison

[*The Foiling Dinghy Book*](#), by Alan Hillman

[*The Asymmetric Dinghy Book*](#), by Andy Rice